



3<sup>rd</sup> Annual

# Take-a-Kid Mountain Biking Day

2:00 PM to 4:30 PM

Saturday, October 6<sup>th</sup>, 2007

The **Charlottesville Area Mountain Bike Club (CAMBC)** is proud to host the third annual **Take a Kid Mountain Biking Day** at McIntire Park in Charlottesville, VA.

- Who:* Girls and Boys, Ages 8-18  
*What:* A Mountain Bike Ride  
*Where:* McIntire Park (off 250 Bypass). Additional parking and access at Charlottesville High School  
*When:* 2:00 PM to 4:30 PM  
*Why:* Mountain biking is fun!

CAMBC members will lead several groups based on age and ability level. Besides riding (of course!), each group will address basic trail etiquette, safety, and riding skills. Nobody will get left behind! This event is FREE!

Each participant should bring

- A helmet
- A mountain bike with knobby tires and in good working order with functioning shifters and brakes and tires pumped. Not sure? (Stop by your local shop and make sure!)
- Water and Snacks
- Play clothes so you can get dirty! (Including suitable footwear).

***PARTICIPATION IS LIMITED TO 40 KIDS.*** Please RSVP to [juniors@cambc.org](mailto:juniors@cambc.org). Spots assigned on a first-come-first-served basis (will be confirmed by email reply). Parents must sign release for and may ride along, but are not required to do so.

If the weather is dubious or if trail conditions are too wet for mountain biking, we'll post a cancellation notice on [www.cambc.org](http://www.cambc.org) and send a cancellation email to [mtb@cambc.org](mailto:mtb@cambc.org) by 10:00 AM on Saturday, October 6<sup>st</sup>. Rain date: TBD.

If you have any questions, please send email to [juniors@cambc.org](mailto:juniors@cambc.org), see [www.cambc.org](http://www.cambc.org), or call Carey Hill at (434) 825-3402.

This event is co-sponsored by **Charlottesville City Parks and Recreation**