



2nd Annual Take-a-Kid Mountain Biking Day

2:00 PM to 4:30 PM
Saturday, October 1st, 2005

The **Charlottesville Area Mountain Bike Club (CAMBC)** is proud to host the second annual **Take a Kid Mountain Biking Day** at Walnut Creek Park near Charlottesville, VA.

Who: Girls and Boys, Ages 8-18
What: A Mountain Bike Ride
Where: Walnut Creek Park (an Albemarle County Park). Park at the second (upper) parking area at the end of the access road after entering the park. Meet at beach-side pavilion.
When: 2:00 PM to 4:30 PM
Why: Mountain biking is fun!

CAMBC members will lead several groups based on age and ability level. Besides riding (of course!), each group will address basic trail etiquette, safety, and riding skills. Nobody will get left behind! This event is free.

Each participant should bring

- A helmet
- A mountain bike with knobby tires and in good working order with functioning shifters and brakes and tires pumped. Not sure? (Stop by your local shop and make sure!)
- Water and Snacks
- Play clothes so you can get dirty! (Including suitable footwear).

PARTICIPATION IS LIMITED TO 40 KIDS. Please RSVP to juniors@cambc.org. Spots assigned on a first-come-first-served basis (will be confirmed by email reply). Parents must sign release for and may ride along, but are not required to do so.

If the weather is dubious or if trail conditions are too wet for mountain biking, we'll post a cancellation notice on www.cambc.org and send a cancellation email to mtb@cambc.org by 10:00 AM on Saturday, October 1st. Rain date: TBD.

If you have any questions, please send email to juniors@cambc.org, see www.cambc.org, or call Ted Gayle at (540) 456-7338.

This event is co-sponsored by **Albemarle County Parks and Recreation**.